



Horaires et lieux d'entraînement

Horaires	Lieux
Lun 18h30-20h	Piste Fort-Carré, Bord de mer ou Cap d'Antibes
Mer 18h30-20h	Piste Fort-Carré
Jeu 12h15-13h45	Piste Fort-Carré ou Bord de mer
Sam 9h-10h30	Vaugrenier, Bord de mer ou Trail nature



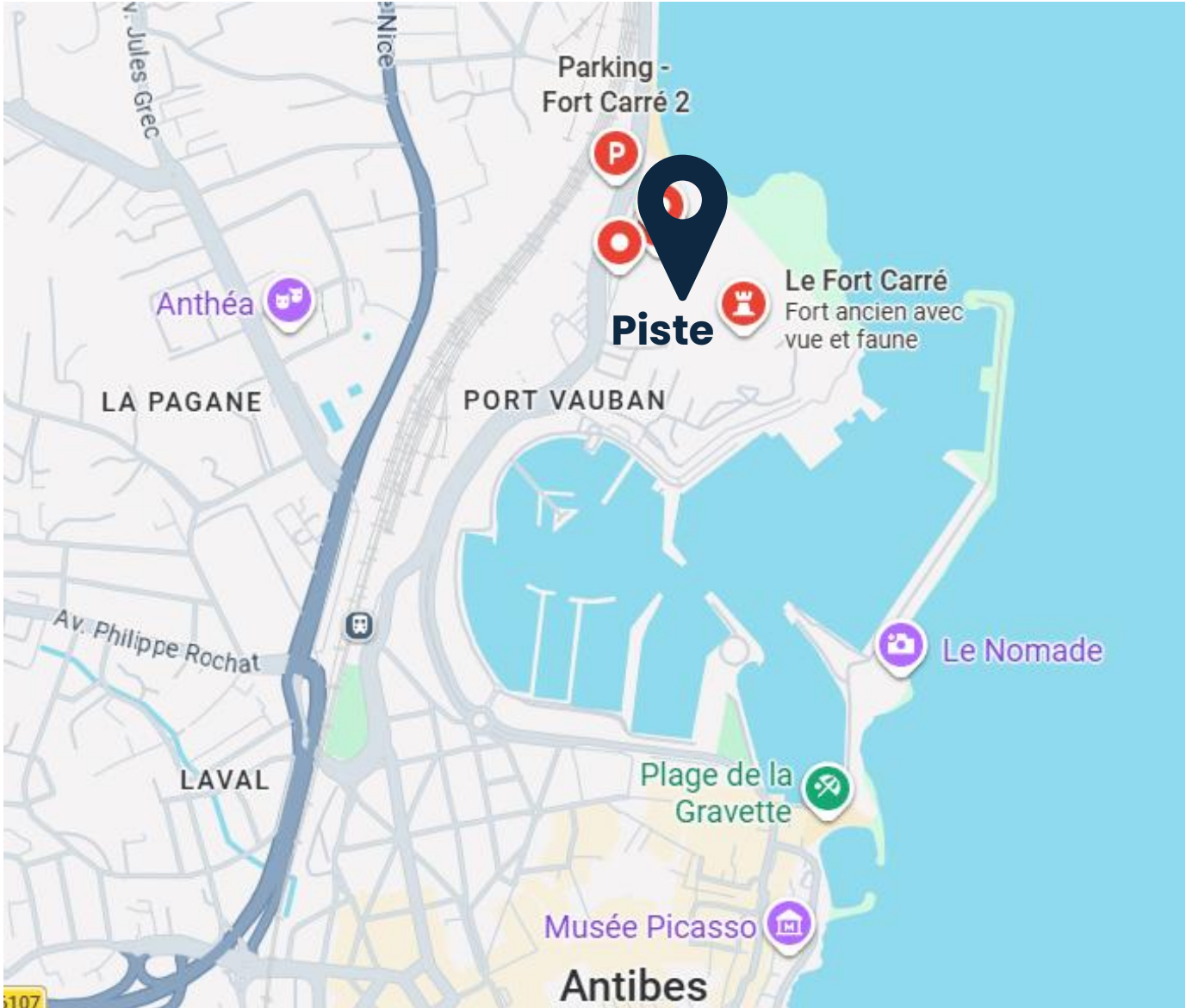


Training Schedule & Locations

Schedule	Locations
Mon 6:30–8:00 PM	Fort-Carré Track, Seaside or Cap d'Antibes
Wed 6:30–8:00 PM	Fort-Carré Track
Thu 12:15–1:45 PM	Fort-Carré Track or Seaside
Sat 9:00–10:30 AM	Vaugrenier, Seaside or Trail

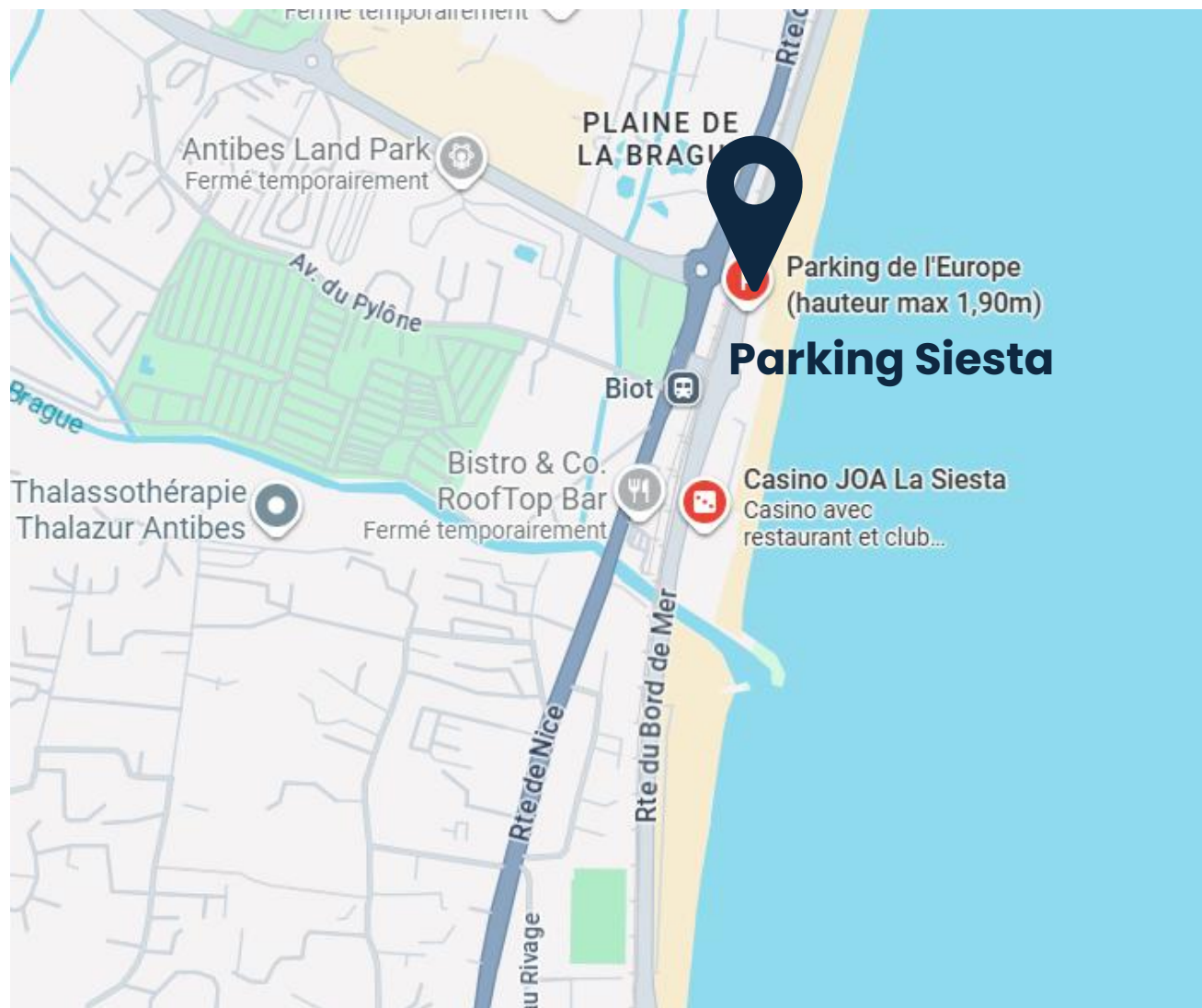


Fort-Carré



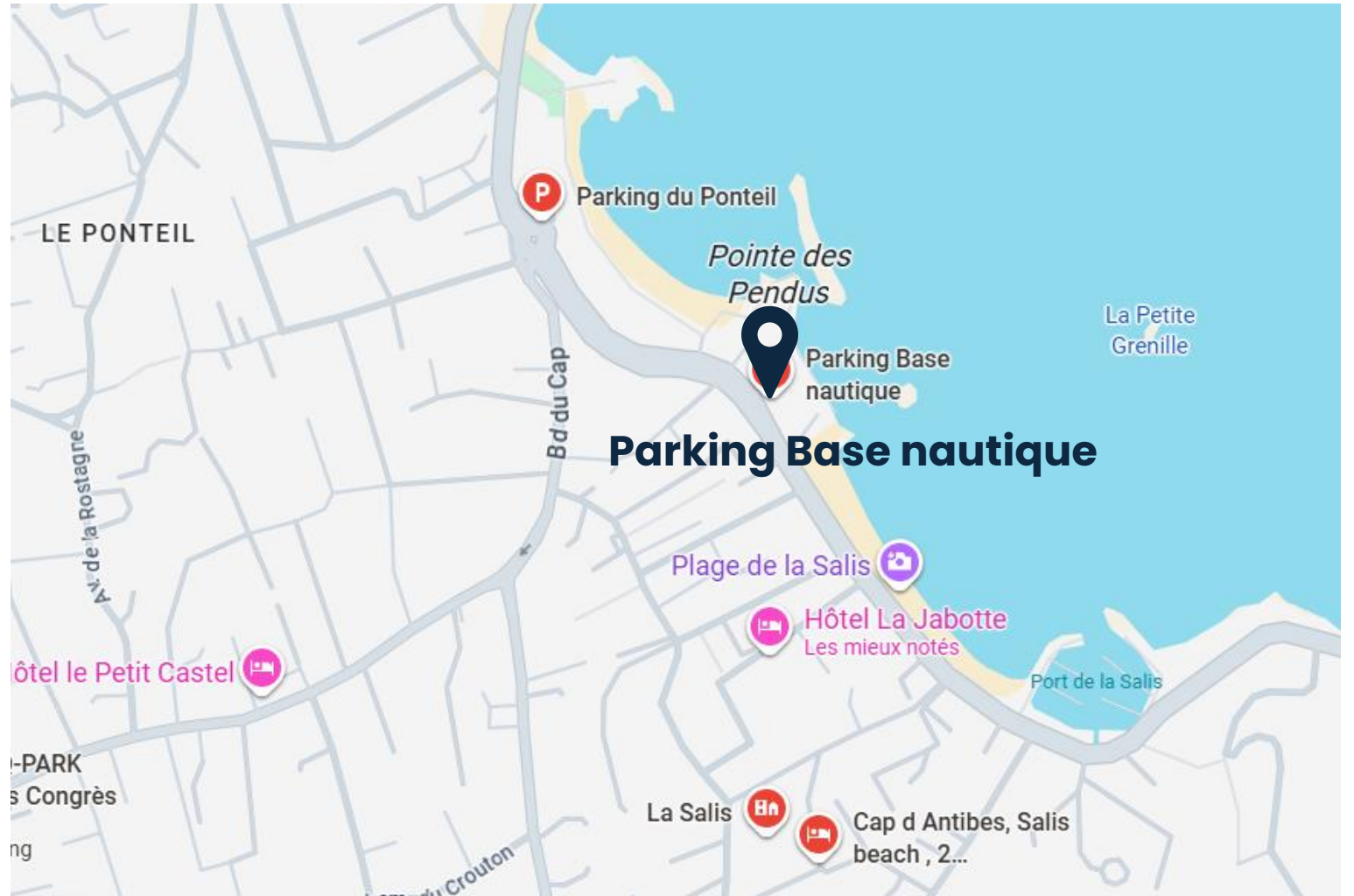
43°35'27.3"N 7°07'31.9"E

Bord de mer



43°36'42.4"N 7°07'38.1"E

Cap d'Antibes



43°34'18.6"N 7°07'39.0"E

Vaugrenier



43°37'06.6"N 7°07'42.6"E